

## **Focus On: Healthcare & Supplements**

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Publishing: 10 August 2024 Advertising deadline: 26 July 2024 Submissions deadline: 19 July 2024

Menopause, sleep and energy – they're different need states, but share this in common: each of them is a hot trend in supplements, a category that has risen 5.0% in volumes over the last year. So what part has innovation played in that growth? What influence have these emerging fields had? How big can they get?

**On-trend areas:** What are the hottest areas of innovation in the category? Which brands are leading the charge on sales in these areas and what kinds of products are they selling?

**Natural supplements:** Fish oil and herbal supplements are the fastest-growing sector in their category, according to Kantar's take-home data. To what extent has this been fuelled by innovation, and which products are coming into the market?

**Chewable gummies:** Once seen as a supplement for children, gummies are growing in popularity among adults. There have been multiple new launches in this sector, what's behind their popularity?

**Retailers:** How are retailers tapping trends and playing to the latest NPD? For example, Holland & Barrett's million free vitamin D giveaway?

**Innovations:** We will profile four new products or ranges, ideally ones that have not appeared in The Grocer before. We need launch date, rsp, and a hi-res picture of each.